
A-Z Guide

SEXUAL INTIMACY IN MARRIAGE



DR. BILLY WILSON

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SEXUAL INTIMACY IN MARRIAGE

BIBLICAL
PRINCIPLES
FOR YOUR LIFE

DR. BILLY WILSON

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INTRODUCTION

One of the greatest challenges any marriage faces is the establishing of healthy sexual intimacy. During my years of ministry I have counseled numerous couples who have struggled in silence for lengthy times hoping that something would just get better. Yet, it rarely does without work. This is an area that deserves attention and positive action by both the husband and wife.

This small booklet is not designed as a how-to book for sexuality in marriage; rather, it is an inspirational guide to help you think God's way about this critical issue. The subject of sex does not embarrass God, nor did He leave us to gain our insights from ungodly sources. The Bible says a lot about sexuality in marriage so scripture will be utilized extensively.

I am especially indebted to our media producer, Nathan Ashton for his assistance in gathering information and drafting this volume.

Our prayer for you is that through this simple guide you will strengthen your marriage by learning to delight in the intimacy God desires for both of you.

Dr. Billy Wilson



THE A-Z GUIDE

Awaken

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AWAKEN

Every human experiences the awakening of sexual desire as they transition into adulthood. Boys begin to notice girls and girls begin to notice boys. How this awakened desire is handled is a choice of spiritual life and death. Sex has been designed by God as a spiritual cement that brings two lives together in one in marriage. Yet, when awakened fully outside of marriage, it becomes a raging fire.

If you are single, take this word to heart; if you don't want to light a fire, don't strike a match. Sex was never meant to be a casual diversion. It is a glorious gift when embraced within God's boundaries and spiritually dangerous when experienced outside those boundaries. If you awaken your sexuality fully before marriage through indulgence then you will face increased sexual temptation and the destructive tendency to compare your spouse to previous relationships. Ultimately, these awakened desires, unchecked, will lead to pain and death (James 1:14–15).

However, once you are married, it is time to fully enjoy intimacy with your spouse! One of the arts of marriage is learning how to awaken this desire in your spouse.

Remember the simple power of a firm hug or soft kiss to awaken love . . . when it is time.

***Promise me, O women of Jerusalem, not to awaken
love until the time is right.***

—Song of Solomon 8:4 (NLT)



BALANCE

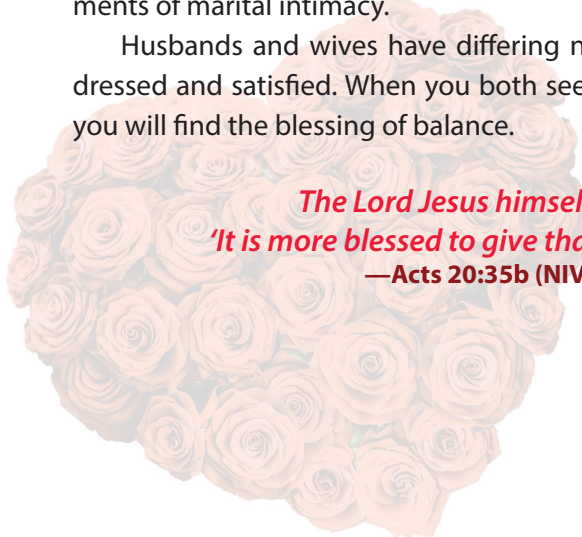
Sex should never become the total focus of your marriage. You can still express your love and experience intimacy with your spouse without sexual intercourse. Sex is not the cure-all for your marriage. If sex is your only source of passion, love, and intimacy, you will crash and burn. Keep your life in balance!

You and your spouse are a composite of physical, emotional, intellectual, and spiritual aspects. True intimacy can be woven into every part of your life.

Both you AND your spouse need to experience the embrace and grace of true intimacy. Perhaps you feel like you are the one who is always giving, giving, and giving again in your relationship. Though things may seem out of balance, remember that we are still more blessed to give than to receive. This principle includes our moments of marital intimacy.

Husbands and wives have differing needs that should be addressed and satisfied. When you both seek to give more than get, you will find the blessing of balance.

***The Lord Jesus himself said:
'It is more blessed to give than to receive.'
—Acts 20:35b (NIV)***



COMMUNICATE

Communication is a two-way street. It requires both speaking and listening.

When you speak, remember life and death are in the power of your words (Proverbs 18:21). This will not always be easy! Our tongues are incredibly difficult to control (James 3:5–6). But your decision to use kind and respectful words in the middle of a heated discussion will build a sense of trust in your spouse.

We must also learn to listen more than speak. Few skills are more important than listening (James 1:19) because we all have a tendency to hear what we expect to hear—not what the other person is trying to communicate.

Some tips to help you communicate more clearly: 1) Develop the desire to understand your spouse. 2) Be sure both of you have a chance to share. 3) Ask open-ended questions, and then pay attention. 4) Repeat what you think your spouse was trying to say, using your own words. 5) Be quick to apologize for any miscommunication.

Sharing in a loving way outside the bedroom will make communication in the bedroom a blessed delight. Communication is about understanding, not about who is right or wrong.

*Everyone should be quick to listen, slow to speak,
and slow to become angry.*

—James 1:19 (NIV)



DIFFERENT

The Bible book of Leviticus contains many governing laws given by God to the people of Israel. Chapter 18 deals with forbidden sexual practices, starting with this statement:

"I am the Lord your God. So do not act like the people in Egypt, where you used to live, or like the people of Canaan, where I am taking you. You must not imitate their way of life... If you obey my decrees and my regulations, you will find life through them. I am the Lord" (NLT).

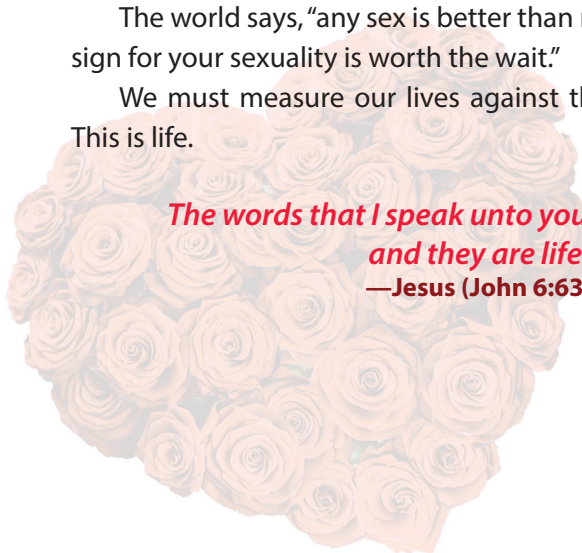
Christians are called to live a different kind of life, to embrace different standards, to love with a different intensity (1Corinthians 13:4–7). Our measure is not against the standards of this world.

The world says, "any sex is better than no sex." God says, "my design for your sexuality is worth the wait."

We must measure our lives against the Bible! This is wisdom. This is life.

***The words that I speak unto you, they are spirit,
and they are life.***

—Jesus (John 6:63)



EROS

In the Greek language there are four words given to describe love. All four are needed in a healthy, intimate relationship.

1) **Agápe** means “unconditional, intentional love.” It is reflected both in Jesus’ sacrifice on the cross (Romans 5:8) and God’s command to love our enemies (Matthew 5:44). Agape is the “never-failing, all-covering” love of 1 Corinthians chapter 13.

2) **Phileo** means “to have affection for, like, or consider a friend.” It includes loyalty and requires virtue, equality, and familiarity.

3) **Storge** is a natural affection usually felt within the close ties of family.

4) **Éros** is a passionate love with sensual desire and longing.

All four require work, but the investment is worth it. So love your spouse unconditionally; work on your friendship; cultivate a healthy family life, and enjoy your sexuality with a holy passion.

Come away, my beloved, and be like a gazelle or like a young stag on the spice-laden mountains.

—Song of Solomon 8:14 (NIV)



FAITHFUL

Fornication and adultery are the only valid reasons Jesus gives for divorce (Matthew 5:32). Just before this teaching, He warns us to be faithful in our thoughts.

Many people dress provocatively just to be noticed. Others ignore the boundaries of marriage and prey on weak relationships to fill their own sexual appetites. Some even target strong marriages out of personal pain and envy.

While faithfulness may seem difficult, God holds you entirely accountable for your reaction to temptation. In fact, Jesus said that it is better to pluck out your eye or cut off your hand than be lead into sexual sin by your eye or hand (Matthew 5:29–30).

Faithfulness is a battle of the mind because seeds of infidelity first take root in our thoughts. We must take every thought captive, evaluate it against Jesus' standards, and make a decision (2 Corinthians 10:5) to remain faithful to God and our spouse.

So don't even look—let alone touch.

Anyone who looks at a woman lustfully has already committed adultery with her in his heart.

—Jesus (Matthew 5:28 NIV)



GOOD GIFT

The prince of darkness has continually sought to turn sex into something dirty, sinful, or evil. Yet, God declares that sexual intimacy within marriage is a good gift from Him!

A Bible account often ignored is found in Genesis 24. Sarah had just died. Abraham sends a servant to find a wife for his son Isaac. When the servant returns and brings Rebekah to meet Isaac, the Bible records the following:

*Isaac took Rebekah, and she became his wife;
and he loved her: and Isaac was comforted after
his mother's death (Genesis 24:67).*

Isaac found emotional comfort through sexual intimacy with his wife. This should not be surprising. Sex existed in Eden before the fall (Genesis 1:28) and is medically known to relieve stress, reduce pain, boost self-esteem, and increase immune response. It even helps you sleep better.

*Rejoice in the wife of your youth...may you ever be
intoxicated with her love
—Solomon (Proverbs 5:18-19 NIV)*



HELP

“In the beginning God created the heaven and the earth” (Genesis 1:1). He called both ‘good’. But then he said, “It is not good for the man to be alone. I will make a helper suitable for him” (Genesis 2:18). God made woman, and again, it was good.

Sometimes we have a tendency to look at life with selfish eyes: What can this tool do for me? Will a different job advance my career? What can that relationship do for me? This is a poisonous attitude for any marriage.

God did not create marriage to be an “all about me” experience. Marriage is not about you. It is about your spouse and then you. Jesus was our example, and He died for His bride (Ephesians 5:25). In marriage we serve and submit to one another, completing that which is lacking in the other. Opposites attract because God has designed our spouse to help our weaknesses.

Many marriages fail at this principle. A great sex life won’t make up for emotional abandonment. If my spouse is struggling or in pain then my first duty is to help restore and bring healing to them. My desires can wait.

***Two are better than one... If either of them falls down
one can help the other up.***

—Ecclesiastes 4:9-10 (NIV)

INTIMACY

The Biblical words translated as “to know” (*yada* in Hebrew and *ginosko* in Greek) represent a sense of perception beyond passing acquaintance. They carry a sense of deep, intimate relationship.

On one hand these words do represent carnal, sexual relations (Genesis 4:1, Luke 1:34). Beyond that, they equally represent knowing emotions (Isaiah 47:8, Jeremiah 3:13), facts (Exodus 1:8, Matthew 6:32), skilled talents (Genesis 25:27) and even the difference between good and evil (Genesis 3:5, Isaiah 7:15, 1 Timothy 2:4). So all-encompassing is this Biblical idea that I conclude intimacy without ‘knowing’ is impossible.

I challenge you to seek an intimate knowledge of God, because it will create in you a deep capacity for intimacy with your spouse. Without it your ability to give and receive intimacy will be dwarfed.

Eventually Jesus called his disciples “friends” because they knew him (John 15:15). If you live as best friend and lover with your spouse, take time to be truly intimate and “know” them.

***Whoever does not love, does not know God,
because God is love.***

—1 John 4:8 (NIV)



JEALOUSY

Jealousy has been called “the great relationship killer” and is not an emotion most people admit having.

Jealous people are dominated by anger and manipulation. They say they are ‘concerned’ and are trying to ‘protect’ out of ‘love’. Yet they will tear down anyone or anything, in order to feel more secure. Their toil is meaningless and chasing the wind (Ecclesiastes 4:4)

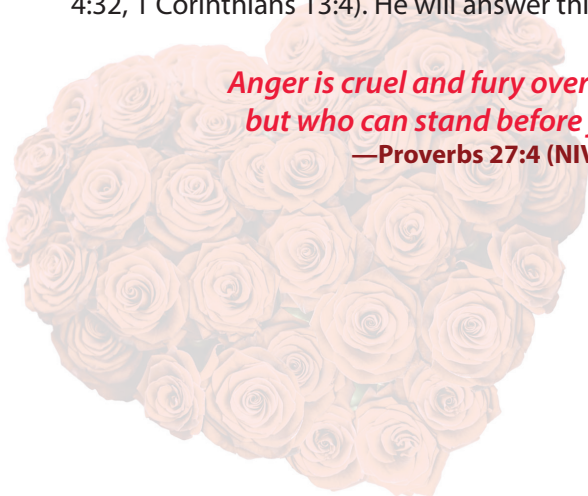
There is no reasoning with this emotion.

From God’s point of view, jealousy is worse than anger (Proverbs 27:4) and cruel as the grave (Song of Solomon 8:6). Paul said that jealousy is a sign of childish, self-centred, impatient and unrealistic immaturity (1 Corinthians 3:1-3). Envy and strife lead to every evil work (James 3:16). It will rot your very bones (Proverbs 14:30).

Do you suspect your heart is jealous? Be honest and ask God to give you a pure heart of genuine love (Psalm 51:9-10, Ephesians 4:32, 1 Corinthians 13:4). He will answer this prayer.

*Anger is cruel and fury overwhelming,
but who can stand before jealousy?*

—Proverbs 27:4 (NIV)



KISS

Affectionate touching—whether hugs, simple kisses, or holding hands—is linked to an increase in the production of oxytocin. This hormone promotes feelings of trust and reduces anxiety levels. Married people who do not have moments of specific, affectionate touching every day are generally less happy and tend to criticize each other more frequently.

On the other hand, one of the Beatles' most famous songs reflected our longing for simple affection:

*Yeah, you got that something / I think you'll understand.
When I feel that something / I want to hold your hand.*

*And when I touch you I feel happy inside / It's such a feeling
that my love / I can't hide... / I want to hold your hand.*

Somewhere in the 80's a study revealed that married people who kiss every day live longer. I suspect they enjoy life more too!

*"Let him kiss me with the kisses of his mouth:
for his love is better than wine."*

—Song of Solomon 1:2



LOVE

Love must be priority. Lots of things will come and go in your married life. But Love will never fail. When in doubt of how to treat your spouse, read 1 Corinthians 13 and consider what love does and does not do.

Patient? Kind? Truthful? Hopeful? – Yes

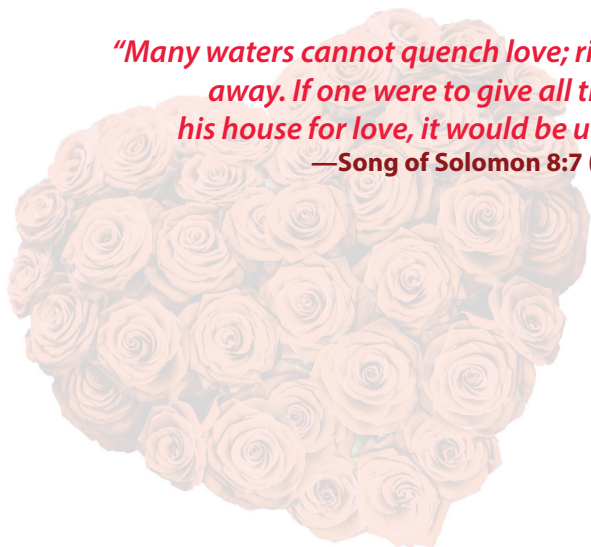
Envious? Prideful? Hurtful? Keeping score? – No

The world has confused love with lust. Sex is not love. Attraction is not love. Desire is not love. Love is principled action. It is the core of Jesus' Sermon on the Mount (Matthew 5-7). It is the reason He came and died (John 3:16). It is submitting your will to the one you love (John 14:15, 1 John 5:2).

True love is a gift of God (1 John 4:7), but it is also built one action upon another.

"Many waters cannot quench love; rivers cannot wash it away. If one were to give all the wealth of his house for love, it would be utterly scorned."

—Song of Solomon 8:7 (NIV)



MODESTY

Modesty is healthy. Modesty shows respect for the image of God that is expressed in you. It amplifies the dignity, value, and worth of every individual by proving that you are more important than being viewed as a sexual object. Modesty safeguards your marriage.

A married person who dresses immodestly in public to attract the eyes of the opposite sex is not wise—even if this is what the secular culture says is OK. Immodesty leads toward immorality and even toward harlotry (Proverbs 7).

Emotional modesty is also important. Revealing too much of your soul to someone of the opposite sex can be just as dangerous as showing too much skin. Some things are best left for your spouse or God alone.

Within the privacy of marriage, we can and should be totally open with our spouse, both physically and emotionally. Modesty with others and openness with our spouse creates an environment of trust where the joy of physical intimacy, as God intends, can be enjoyed.

***And they were both naked, the man and his wife
and were not ashamed.***

—Genesis 2:25



NOTICE

We humans are inherently self-centered and tend to think more often about ourselves than about other people. Avoiding this trap takes a change of mindset (Romans 12:2–4). Open your eyes and make an effort to notice the joys and pains of people around you every day. This is what Jesus did, and He was constantly moved with compassion (Matthew 9:36, 14:14, 18:27, etc). Out of His compassion flowed positive actions that changed the world forever.

We should make a conscious effort to notice our spouse and listen to what they are saying as well as their unspoken words. We can learn their subtle initiations toward intimacy they send that say: “I did this for you. I love you. Please desire me!”

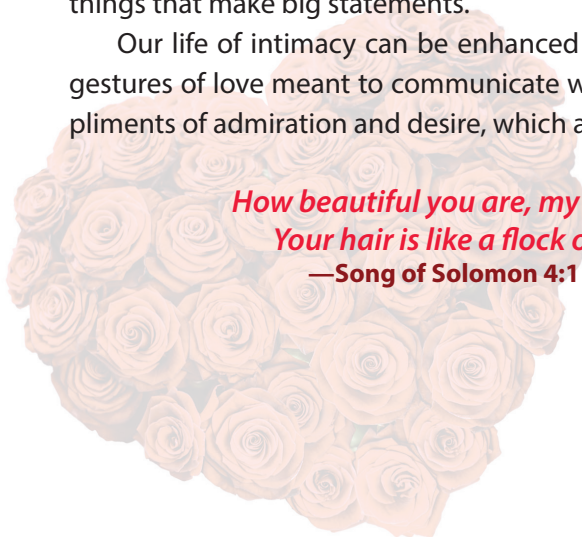
Many times, we notice the big things that enhance intimacy like a date night or a special gift, but we should also notice the small things that make big statements.

Our life of intimacy can be enhanced through continual small gestures of love meant to communicate with our spouse like compliments of admiration and desire, which are noticed.

How beautiful you are, my darling!...

Your hair is like a flock of goats.

—Song of Solomon 4:1 (NIV)



OFTEN

In my years of ministry, I have had the privilege of counseling many wonderful couples. One thing has become apparent to me—a link exists between sexual intimacy and marriage stability.

In these sessions, I encountered numerous couples who had not engaged in sexual activity for months. Many of these were young, healthy couples. Usually their marriage was on the edge of divorce. Although I know that sex does not adjust every marital difficulty, a married life without sexual intimacy is like an automobile without oil. It eventually locks up and melts down.

Consequently my advice and, more importantly, the advice of scripture is to engage in sexual activity often in your marriage. The question of exact frequency in marriage is complicated with many factors. Yet God's word does teach that you should not abstain from sexual activity in your marriage for extended periods of time, except for spiritual purposes. Lengthy abstinence is not healthy and puts you in a dangerous position spiritually.

Enjoy sex, and enjoy sex often.

***Do not deprive each other of sexual relations,
unless you both agree to refrain from sexual
intimacy for a limited time...***

—1 Corinthians 7:5a (NLT)



PURE

The Bible says that “Marriage is honorable in all, and the bed pure” (Hebrews 13:4). This scripture could have two different meanings:

1) Keep your marriage bed pure: Don’t allow adultery, incest, pornography, or other sexual immorality to have any place in your life (Galatians 5:19; Ephesians 5:3; Colossians 3:5; 1 Thessalonians 4:3).

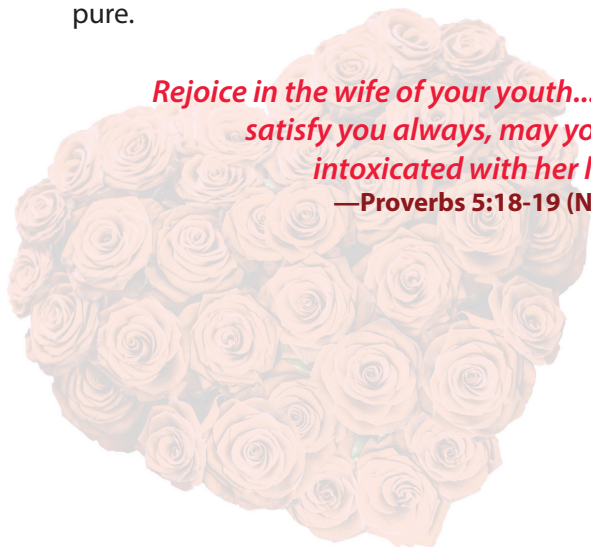
2) Your marriage bed is pure and is a place to celebrate your spouse in the highest degrees of intimacy.

Many well-meaning, religious people throughout the ages have attempted to reduce sex to something dirty or shameful, even in marriage. Yet, the Song of Solomon includes the story of a husband and wife seeking, finding, and enjoying sex with each other.

Sex in marriage is God’s design. Used properly it is good and pure.

*Rejoice in the wife of your youth...may her breasts
satisfy you always, may you ever be
intoxicated with her love.*

—Proverbs 5:18-19 (NIV)



QUARRY

If you want a lasting relationship with your wife, you must quarry deep into the Word of God to place your foundation on the solid rock of Christ.

The Bible is more than a good book. It is the living Word of God and brings life (1 Peter 1:23). There is wisdom and counsel to be found in the Bible for every situation (2 Timothy 3:16,17).

The Bible will be your guide. It will judge the thoughts and attitudes of your heart (Hebrews 4:12–13). It will bring wisdom and life (Proverbs 4:20–22), healing and rescue (Psalm 107:19, 20). The Bible will teach you to love selflessly (1 Corinthians 13). It will be the rock you need during the darkest hours (Matthew 7:24–25). It will show you how to fight for your marriage.

The Bible will give you a capacity for true intimacy and keep your home-life stable even in the midst of the storm.

Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock.

—Jesus (Matthew 7:24 NIV)



RENEW

There is a wonderful renewing truth to be found in the work that Jesus did on the cross.

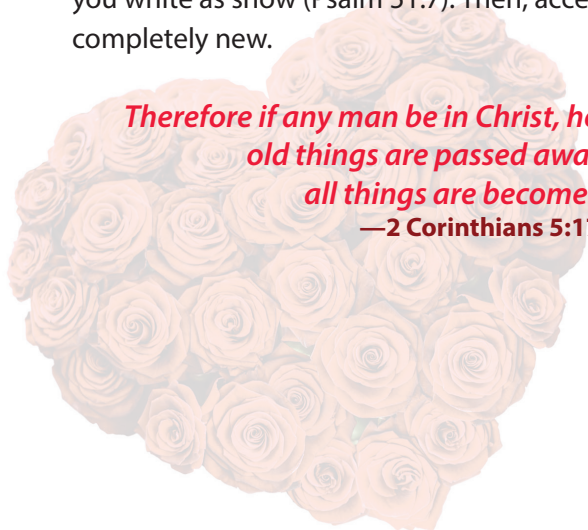
Even though you were dead in sin, you were made alive (Ephesians 2:1–10) and brought into the family of God (Ephesians 2:19; John 1:12). The Bible says that you are cleansed of all unrighteousness (1 John 1:9). Your past is washed away.

At least half of the people who will read this book have been divorced. Many have had sex with someone who is not your current spouse. Yet, God promises after we repent that in Christ the old is gone and the new has truly come. Because of Christ, you can overcome your past and embrace an exciting future!

Leave behind old relationships. Cut yourself off—physically and mentally—from these old ties. Ask God to cleanse you and make you white as snow (Psalm 51:7). Then, accept that He has made you completely new.

*Therefore if any man be in Christ, he is a new creature:
old things are passed away; behold,
all things are become new.*

—2 Corinthians 5:17



SUBMIT

Most wedding ceremonies once included excerpts from Ephesians 5. However, today many people who seem to value false freedom over love have stripped the term “submit” from the marriage service altogether.

The Biblical concept of submission has nothing to do with domination. The sexual practices of bondage and domination have no place in a Christian marriage. Such demeaning practices offer a perverted understanding of submission and betray Christ.

A rebellious “me-centered” attitude will strangle a marriage. Even God resists the self-centered, but favors the humble (James 4:6). Marriage is about mutual submission, humility and service.

Ephesians 5 talks about both submission and love. The bedroom is a place for tenderness. The willingness to give of yourself is balanced with a loving desire to bring pleasure to your partner. Together, intimacy grows.

Submitting yourselves one to another in the fear of God.

Wives, submit yourselves unto your own husbands...

Husbands, love your wives.

—Ephesians 5:21–25



TIME

Where you put your time indicates your priorities, your treasure, and your heart's disposition (Matthew 6:20–22). Seek God today (Matthew 6:33) and put time into parts of your life you want to grow.

Take an inventory right now of your time. First, write down all the activities you do in a given week. Next, note what you would do if you could afford to retire today. Finally, list the activities that you hate to do.

Now look at the list as if it belonged to your spouse. Can you be friends with that person? Do they have time for you? Are you a priority to them?

Do not let your relationship starve because you don't invest enough time. Eat dinner together. Read or go for walks together. Go to bed early.

*And see what happens. For where your treasure is,
there will your heart be also.*

—Luke 12:34



UNITED

Human sexuality is not only about procreation. It is a creative, covenant act by which two people are united into one flesh (Genesis 2:24). Jesus clearly says that you are no longer two, but have been united by God (Mark 10:7–9)!

Sexual intercourse has been compared at times to the Old Testament practice of forging a covenant with blood. A true covenant is a promise that cannot be broken without forfeiting life or freedom.

Breaking this unity brings death to something that was alive.

Marital unity brings incredible strength. In my experience as a pastor, I have observed married couples find comfort and strength in the marriage unity during the most difficult seasons of life.

Your one flesh union helps establish the covenant unity you will need to stand amidst the storm.

***Therefore what God has joined together,
let no one separate.***

—Jesus (Mark 10:9)



VICTORY

Your marriage is worth fighting for. Don't give up!

The Bible teaches that we fight or wrestle against our own sinful nature (Galatians 5:17) and also against the prince of darkness, Lucifer (Ephesians 6:12). The wonderful news is that we are not alone in this fight.

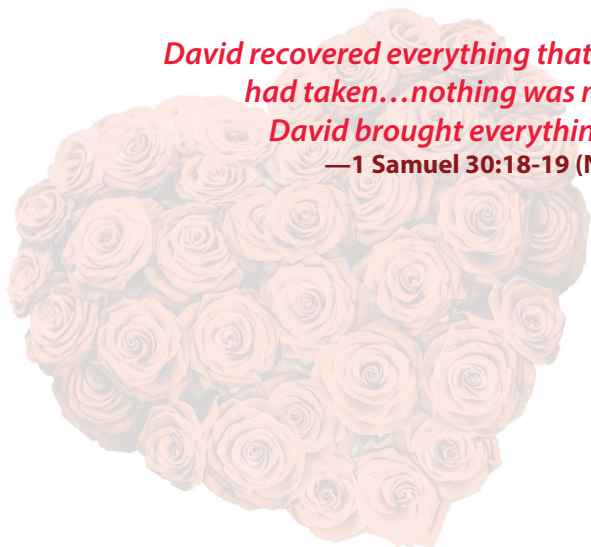
God's word is strong against our enemy, and the Holy Spirit is given to empower us to win over both enemies (Galatians 5:16, 24–25; Ephesians 6:16–17). As we submit to God and resist the Devil we will be victorious (James 4:7).

When David's family was taken hostage by the Amalekites, he sought God's direction and pursued his enemy fervently. David fought for his family and took back all the enemy had stolen. You can do the same!

*David recovered everything that the Amalekites
had taken...nothing was missing...*

David brought everything back.

—1 Samuel 30:18-19 (NIV)



WONDER

Do you remember what life was like when you first fell in love with your spouse? Can you recall the sense of wonder you felt every time you saw them? Or the fiery passion experienced when you touched them?

Sir Walter Scott said:

***"Affection can withstand very severe storms of vigor,
but not a long polar frost of indifference."***

Perhaps your relationship with your spouse needs to thaw out and regain its warmth of wonder. One of the greatest things in the entire world is to embark on a lifetime discovery of marital intimacy with THE person who warms your heart.

Do something out of the ordinary for your spouse today. It doesn't have to be complex or expensive. Just do something that will reveal a little of yourself or help you discover a little more about them.

Marriage is WONDERfull!

***Like the finest apple tree in the orchard is my lover
among other young men... He escorts me to the banquet hall;
it's obvious how much he loves me.***

—Song of Solomon 2:3-4 (NLT)



X-RAY

Sometimes things simply don't seem to go right. You and your spouse fail to connect; advances are rebuffed; sexual pleasures wane. Just like x-rays can help doctors identify a broken bone, a look below surface reactions in your relationship might ignite a cure.

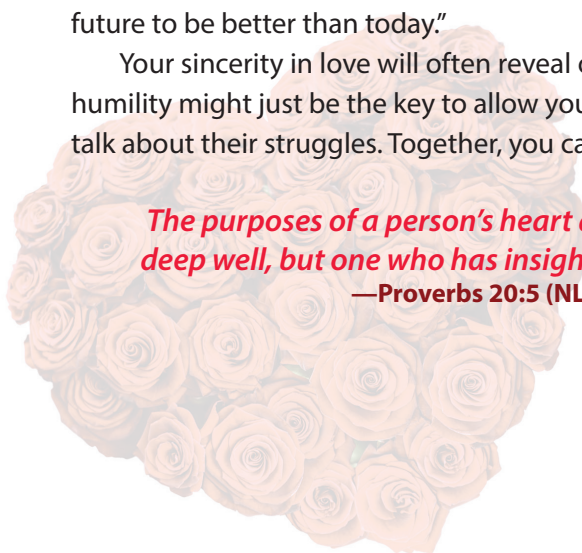
Sometimes inner pain or insecurity leads to out-of-balance responses. Hurt people hurt others, and empty hearts seek fulfillment in the wrong things. At times like these, you should do two things: First, pray to God for the strength to forgive (Matthew 18:21) and the wisdom to see error (James 1:5). Then go apologize.

Yes, I know it's not all your fault. But no one is perfect! You can always say, "I've been thinking about us. I know we have been under a lot of stress. I've asked God to show me my failures, and I want to ask you to forgive me. I want to be the mate you deserve. I want the future to be better than today."

Your sincerity in love will often reveal other broken things. Your humility might just be the key to allow your spouse to open up and talk about their struggles. Together, you can begin healing.

The purposes of a person's heart are like water in a deep well, but one who has insight draws them out.

—Proverbs 20:5 (NLT)



YIELD

Sex is not a tool for control. There is a famous Greek play, written in 411 BC by Aristophanes, about women who withhold sex from their husbands in an attempt to end the Peloponnesian War. In this play Lysistrata manages to get the men to negotiate peace, but strife enters her home and the senators engage in a mass orgy with prostitutes.

Contrast this with the Bible's commentary that your body belongs to your spouse (1 Corinthians 7:3-4)!

Healthy sex, while personally gratifying, is not actually about you, your wants, or your needs. The greatest of pleasure comes from the giving of pleasure.

Yielding to, rather than demanding from, your spouse will lead you toward the mutual intimacy and delight God desires for our marriage.

The wife does not have authority over her own body but yields it to her husband. In the same way, the husband does not have authority over his own body but yields it to his wife.

—1 Corinthians 7:4 (NIV)



ZERO TOLERANCE

This book has focused on the freedom and liberty found in an intimate relationship with your spouse. In this closing section, I want to offer just a word of caution about some things that should never enter the marriage relationship. These are the spiritual cancers and weapons that can bring fatal wounds to your intimacy as well as ultimately to your marriage.

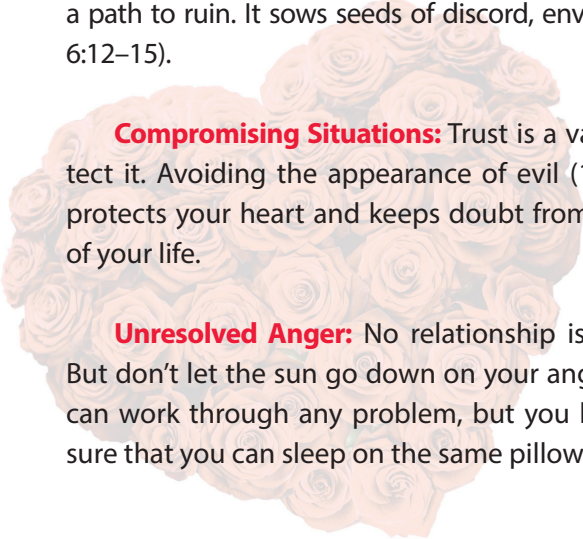
You must develop a zero tolerance attitude toward:

Pornography: The images, stories, and practices glorified in porn are lies. Jesus said that looking at a woman with lust is wrong (Matthew 5:28).

Flirting with Someone Else: The game of sexual innuendo is a path to ruin. It sows seeds of discord, envy, and mischief (Proverbs 6:12–15).

Compromising Situations: Trust is a valuable commodity. Protect it. Avoiding the appearance of evil (1 Thessalonians 5:22–23) protects your heart and keeps doubt from taking root in any area of your life.

Unresolved Anger: No relationship is without its challenges. But don't let the sun go down on your anger (Ephesians 4:26). You can work through any problem, but you have to start now. Make sure that you can sleep on the same pillow with your spouse.



Improper Relationships: Keep professional relationships strictly professional. Don't choose a party with your co-workers over time with your spouse. Social media relationships with past loves must remain completely taboo.

The D Word: Humans tend to look for the easiest option. Divorce is always painful and should be avoided. Don't let this word creep into your conversations with your spouse. God hates divorce and so should you (Malachi 2:16)!

True intimacy with your spouse is an amazingly wonderful thing that goes far beyond just the gratification of sexual desire. The emotional and spiritual cement of Biblical intimacy will help hold your relationship together even when times are tough.

I invite you to pray right now about your own life and your marriage. First, invite Jesus into your heart then invite him into your relationship with your spouse. With His help and grace you can find the true intimacy you long for every day of your life.

I belong to my beloved, and his desire is for me.

—Song of Solomon 7:10



WORLD IMPACT WITH DR. BILLY WILSON

World Impact with Dr. Billy Wilson addresses the deeply felt needs of hurting people around the world. We believe that only Jesus can do a real and enduring good in people's lives. Our goal is to be:

Personal and Relevant - We help individuals renew real and lasting relationships with God through exhortation and clear scriptural presentation on issues faced by Christians everywhere.

Available - We use any practical delivery format available including TV, literature, and the Internet to connect with as many people in as many places as possible.

One way we accomplish this is by producing free material such as the mini-book you now hold in your hand. Please consider helping us "Share Jesus with the World" by becoming a financial partner with us. You can easily make a donation at worldimpact.tv or by calling 1-800-95-SHARE.

May God bless you.



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A-Z Guide SEXUAL INTIMACY IN MARRIAGE

One letter at a time, *Sexual Intimacy in Marriage* is the A to Z guide for those looking to establish a healthy sex life within marriage. Pulling from his years and experience as a marriage counselor in ministry, Dr. Billy Wilson shares Biblical perspectives on establishing a healthy relationship.

This book is not designed as a how-to book for sexuality in marriage; rather, it is an inspirational guide to help you think God's way about this critical issue. Wilson explains that the subject of sex does not embarrass God, nor did He leave us to gain our insights from ungodly sources. Through numerous scripture references each letter sections in this book is approached from a Biblical perspective.

ABOUT THE AUTHOR



Dr. William M. Wilson is the fourth president of Oral Roberts University. He is recognized as a global influencer with unwavering ethics and strong business acumen who has a passion for building Spirit-empowered leaders to impact the world.

Wilson has also fostered unique global partnerships through *Empowered 21*—an initiative launched at ORU that brings together ministry leaders, scholars and next generation voices from the Spirit-empowered movement. *Empowered 21* has expanded exponentially and today influences nations through 12 regional cabinets with significant ministry leaders.

Wilson is a noted Bible teacher with a weekly television program “World Impact with Dr. Billy Wilson.” For more than 15 years, the program has inspired and empowered viewers from a biblical worldview in 170 nations and in five languages.

Wilson served on the ORU Board of Trustees as vice-chair until his election as president. He is a renowned speaker and author, writing several books including “Father Cry,” “Foundations of Faith” and “Fasting Forward.”

Wilson holds a Bachelor of Science degree from Western Kentucky University in Secondary Education. He also holds a Master of Arts degree and a Doctor of Ministry degree from the Pentecostal Theological Seminary.